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AMERICAN RIVER

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Fair Oaks Teens Collect School Supplies for Underprivileged Kids



At least 32 underprivileged K-6 students at Northridge Elementary School in Fair Oaks received a great surprise at the start of this school year: a backpack filled with all the school supplies they'll need for the year. The Fair Oaks Library Teen Advisory Board made up signs and a large display for the library entrance, and put out a large bin for donations for the nearby elementary school. The Friends of the Fair Oaks Library and the local Rotary Club chapter urged their members to donate. Soon, the bin was filling up with backpacks, pencils, paper and other school supplies. Photo courtesy of Sacramento Public Library

FAIR OAKS, CA (MPG) - At least 32 underprivileged K-6 students at Northridge Elementary School in Fair Oaks received a great surprise at the start of this school year: a backpack filled with all the school supplies they'll need for the year. It's all thanks the Fair Oaks Library Teen Advisory Board (TAB). They came up with the community service

project at their June meeting.

They made up signs and a large display for the library entrance, and put out a large bin for donations for the nearby elementary school. The Friends of the Fair Oaks Library and the local Rotary Club chapter urged their members to donate. Soon, the bin was filling up with backpacks, pencils, paper and other

school supplies.

"We were just shocked at how many they collected," said Northridge secretary school Ellie Ennis. "We are so appreciative. This is such a wonderful blessing for our kids.

Community service comes naturally to

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Honor a Hero, Hire a Vet Job and Resource Fair

SACRAMENTO REGION, CA - The State of California Employment Development Department, in partnership with the Sacramento Municipal Utility District (SMUD), Sacramento Employment and Training Agency, Sacramento Area Human Resources Association, DeVry University, and Starbucks, are proud to be hosting the Honor a Hero, Hire a Vet Job and Resource Fair on October 16th at the McClellan Lions Gate Convention Center, 3410 Westover St, Sacramento, from 10:00 a.m.-3:00 p.m.

The job fair is free to all jobseekers, veterans and non-veterans. Job seekers will be able to meet with more than 100 employers and 25 supportive services providers.

Workshops will offer skills development in behavior-based interviewing, resume preparation, and applying for state jobs. Attendees will have opportunities for one-on-one resume review and career coaching. ★

Source: Sacramento Municipal Utility District



Teenage Garage Band Rising Quickly in Sacramento's Music Scene

FOLSOM, CA (MPG) - With just over a year of writing music, practicing in their garage, and playing in local venues, Folsom rock band Heat of Damage has gone from what some might say is "typical teenagers with a pipe dream" to becoming a popular band within the Sactown music scene and receiving the most likes (twice as many as other bands!) with their EP's title song "Lifestyle" two weeks in a row on 98 rock's Local Licks. The Sacramento music scene is calling Heat of Damage "a band to watch!"

After releasing their self-produced EP *Orenda* last February (made with a 20-year-old mixer in the drummer's garage), their first show was then booked at the Boardwalk in Orangevale.

Several more dates at this well-known venue followed, as the band brought in crowds of teens and adults alike while playing with local band favorite A Mile Til Dawn and opening for National bands such as Assuming We Survive and Dose of Adolescence.

Since then, Heat of Damage has performed over 20 shows in the Folsom, Sacramento, and El Dorado County region. The band continues to play regularly at The Back9 Bar and Grill and The Assembly Music Hall in downtown Sacramento, and will be playing at a local area favorite, Old Ironsides, in December. The band also displays their versatility, talent, and civic-mindedness by playing acoustic sets at coffee shops and

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Nick Lassalette (vocals/lead Guitar), David Haug (front man/vocals/rhythm guitar), Julian Bohland (vocals/drums), Jared Easter (vocals/bass). Visit HEAT OF DAMAGE on Reverbnation, Facebook, and Instagram Photo courtesy of Angela C. Barber

"I'll be a voice for parents, restore fiscal sense, and hold teachers, administrators and students accountable."

Michael Miller | San Juan Unified
MILLER SCHOOL BOARD
 Parent | Local Business Owner | Former Teacher

Fair Oaks EcoHousing Receives Planning Approval for New Neighborhood

By Marty Maskall

FAIR OAKS, CA (MPG) - Fair Oaks EcoHousing received unanimous approval from the Fair Oaks Community Planning Council (CPAC) is September by a vote of six to zero. Following Design Review by Sacramento County in September, the project will be reviewed by the Sacramento County Planning Commission. Move-in dates are projected for summer 2016.

Local residents submitted their planning application to Sacramento County on July 21st to request approval of their design for a new environmentally friendly neighborhood on New York Avenue in Fair Oaks. A group of nine families have been working with architect and international cohousing expert, Charles Durrett, on the design of their community.

The 30 new homes will range in size from two-bedroom flats to four-bedroom townhomes, along with extensive community facilities and garden areas. The new community is unique in that it is being initiated by

a group of local families that seek to live in a more socially and environmentally sustainable neighborhood than what traditional developers have been building in the Sacramento Suburbs.

Fair Oaks EcoHousing was inspired by other cohousing neighborhoods that have been built around the country over the last two decades, including Southside Park in downtown Sacramento, Nevada City Cohousing, and Wolf Creek Lodge, a recently completed community designed for active adults in Grass Valley.

What are cohousing neighborhoods?

Cohousing neighborhoods are composed of privately-owned homes clustered around shared open space and extensive common facilities. The Club House typically includes a dining room, kitchen, workshop space, children's playroom, guest rooms, and lounge. It is the heart of the neighborhood for a variety of other activities. Cars are parked on the periphery of the site, making the neighborhood more

pedestrian-friendly and kid-safe. Future residents are involved in the design and development so that it reflects their needs and priorities, creating a truly custom neighborhood.

Environmental sustainability is a core value in these neighborhoods with smaller homes, green building attributes, and renewable energy systems made possible by combined efforts and shared resources. On-site activities and companionship enable residents to socialize close to home and reduce their need to drive as much for day-to-day activities. The Fair Oaks property offers close proximity to the American River Parkway and its miles of bike paths, as well as Fair Oaks Village, Banister Park, the Sacramento Waldorf School, and the Rudolph Steiner College. Cohousing provides social, environmental, and economic benefits for a more sustainable lifestyle.

Local Residents initiate their own Neighborhood

Fair Oaks resident Marty Maskall has been looking to create such a community since

she first saw Southside Park in downtown Sacramento. Marty says, "I have lived in this area for 23 years and I want to stay here, but I'm tired of the isolation and maintenance of my single-family home. I love the multigenerational nature of these communities." Carmichael resident Ivan Greene has been looking for a friendly neighborhood with substantial gardening space. Ivan says, "As a single person, I want to connect with my neighbors. I'm excited about the large garden and orchard area." Sacramento residents Linda and Frank Tanforan are looking to downsize and move into a safe and convenient neighborhood. Linda says, "I want to spend my retirement years in a friendly community with people of all ages."

The current members are looking forward to meeting people interested in cohousing and in sustainable living. Interested parties are invited to attend one of the regular site tours of the property. For more information, visit www.fairoaksecohousing.org.

Teenage Garage Band Rising Quickly in Sacramento's Music Scene

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local restaurants as well as charity events.

Their second EP *The Lifestyle EP*, studio recorded at Fat Cat Studios, is a three-song compilation that consists of 2 hard-hitting, heavy rock tunes and one moving and insightful acoustic ballad. No two songs sound alike, and all three are energizing, uplifting, and entertaining works that are guaranteed to get your heart pumping and feet moving. The EP was officially released on September 26th at their EP Release Show at Concerts in the Plaza in the Downtown Plaza Mall, hosted by Andy Hawk of 98 Rock. This event featured bands and artists such as Mark Morrison, members of A Mile Til Dawn, Once An Empire and RiotMaker. "The Lifestyle EP" can be purchased at Dimple Records.

The band's popularity and fan base is growing rapidly, as

is its support from area bands. Currently, the band is collaborating with popular local band RiotMaker on upcoming shows and a recording session. "Heat of Damage has a good buzz around the Sacramento music scene. These guys have mad talent," says Jeffry Valerio of RiotMaker. "The fact that they can play like this at their age, and that each of them sing during their shows and in their songs, is huge."

Through their rapid successes, the boys stay grounded, continuing their extracurricular activities and keeping their grades up. They have a great time while performing and writing, and it shows in every show.

These young, talented artists have shown what can happen when you pursue your dream with perseverance and stay true to yourself, no matter what your age is.

The future looks bright for Heat of Damage!

Source: Angela C. Barber

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Publisher, Paul V. Scholl

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